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I am writing because I am scared. In our country, people are working harder, longer hours than ever before. Of course, at the end of the day, the last thing they want to do is cook - the dollar menu with it's quick and easy fix is much more appealing to them. Then there are those Americans who are out of work. Surely, the cheap fast food options are necessary for them - the organic stuff is much too expensive.

So you see, America is in a bit of a conundrum. And it's making them fat. But the question remains - how come locally grown food with no chemicals or genetic modification is MORE expensive than food that has been sprayed with pesticides, factory farmed, and shipped half way across the country to get to your table?

Prices are increasing in our supermarket, yet the farmers are struggling. One company, Monsanto, controls the majority of seeds in the US and repeatedly threatens local farmers, who don't buy their seeds. Food companies are making record profits, while local growers are often making well below the poverty line.

The food made by factory farming is made in ways that are terrible for the environment and have long lasting negative effects on our bodies, our finances, and our planet. What's more - these methods threaten our long term food security.

What do I want? Well, I'm a lawyer, so naturally I want the facts. I want to know what is in the food that I put in my mouth, and in my family and friends' mouths! Is that so much to ask? Apparently to Monsanto, it is. I want labels, or some ability to figure out where my food came from, what chemicals were put on it, and if it is genetically modified. In all other industries, there is transparency. I WANT TRANSPARENCY IN THE INDUSTRY THAT MATTERS MOST - THE ONE THAT FEEDS ME AND MY FAMILY.

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