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Sent: Saturday, December 26, 2009 9:50 AM
To: ATR-Agricultural Workshops <agriculturalworkshops@usdoj.gov>
Subject: The Food we Eat

My name is Holly Williams and I am a retired teacher who loves to cook.

Big business controls food and farming in the U.S. It's harder and harder to find healthy, locally produced food. Farmers are struggling. Food seems less safe. Local farms are going out of business. There aren't many decent jobs in food and farming anymore. Many rural communities have become ghost towns. The labeling is often difficult to read to really know where the food is grown, what chemicals are on it, and if it is genetically modified.

There is a revolving door of personnel between corporate lobbyists and government regulators. Jus one company controls the majority of seeds in the U.S. Cows, chickens, and pigs are being raised in squalid conditions on huge industrial feedlots. These animals are fed unnecessary antibiotics.

Eating a healthy meal every day should be a joy and the food should truly nourish the body and soul.